



NEWS FROM THE ADMINISTRATOR



Dear Pines Family,

As we welcome the start of summer, I want to take a moment to share a few important updates and celebrate some fun Community news!

First, monthly billing statements will have a fresh new look. Cassia's billing department transitioned the process into one unified system instead of two separate programs. The June statements will reflect this change. Please don't hesitate to reach out to the Home Office, Selene (BOM), or me with any questions regarding your statement.

Next, I want to extend a heartfelt thank you for all of the prayers, kind words, and support so many of you have shared with me regarding my upcoming baby. Your encouragement and thoughtfulness as I get closer to the finish line have meant more than I can place in words. For upcoming Director coverage, interim Cassia Housing support has been arranged. Additional communication regarding name/dates/details will be shared as the time gets closer.

Additionally, I want to recognize an important Leadership transition here at The Pines. Guy Theriot has moved on from his role as Maintenance Director as he steps into a Regional role prior to heading into his retirement years! We are incredibly grateful for Guy's dedication and care for our building and Residents. In elating news, we are excited to welcome Drake Dahlien, who joined our team the last week of May. We are happy to have Drake as part of our Pines Family and look forward to all he will bring to The Pines!

Lastly, I want to give a special shoutout to all of our Moms and Mother Models that we celebrated during the month of May. Your love, strength, and care continue to inspire us every day. As we move into June, we also want to honor and celebrate all Fathers and Father Figures within our Community. Thank you for the guidance, wisdom, and support you provide to your Families and Loved Ones.

Wishing everyone a joyful and sunshine-filled June!

Warm regards,
Maggie

World Environment Day
June 5th

World Ocean Day
June 8th

Flag Day
June 14th

Juneteenth
June 19th

Summer Solstice
June 21st

Father's Day
June 21st

National HIV Testing Day
June 27th

Office and Reception Hours
Until Further Notice

Monday—Friday
8:30 a.m. to 7:00 p.m.

Saturday & Sunday
9:00 a.m. to 5:30 p.m.

The Pines of Richfield
400 West 67th St, Richfield, MN,
55423
612-861-3331

A NOTE FROM OUR CHAPLAIN

Dear People of the Pines,

Along with blooming flowers and growing branches, this is a season of transitions, of graduations and weddings. My family is in the midst of some big transitions. On Tuesday, May 19, I got to go to my niece's wedding in Michigan. Our daughter graduated from college a year ago and moved into her/their own apartment in April. Yesterday our son turned 17 and next month we will visit a few New England colleges with him. I am working on trusting rather than worrying about our future. There are so many possibilities!

When I worked at Chapel View Care Center in Hopkins, I remember sharing with one of our residents that I felt sad about our daughter going off to Ohio for college. She shared with me a profound perspective "On Children". May this lift your spirits and imagination about what may come next.

Blessings to you and yours,
Chaplain Kristi



Your children are not your children.
They are the sons and daughters of Life's
longing for itself.
They come through you but not from you,
And though they are with you yet they
belong not to you.
You may give them your love but not your
thoughts,
For they have their own thoughts.
You may house their bodies but not their
souls,
For their souls dwell in the house of
tomorrow,
which you cannot visit, not even in your
dreams.
You may strive to be like them, but seek not
to make them like you.
For life goes not backward nor carries with
yesterday.
You are the bows from which your children
as living arrows are sent forth.
The archer sees the mark upon the path of
the infinite,
and He [she/they] bends you with His
[her/their] might
that His [her/their] arrows may go swift and
far.
Let your bending in the archer's hand be
for gladness;
For even as He [she/they] loves the arrow
that flies, so He [she/they] loves also the
bow that is stable.

by Khalil Gibran, The Prophet

Chaplain Kristin comes to the Pines on Tuesdays and Thursday 10:00 a.m.. - 3:00 p.m

She is available for one-on-one meetings or small group conversations.



SPIRITUAL CALENDAR

All are welcome to participate in:

- **Prayer & Support Circles** (June 2nd & June 16th)
- **Bible Study** the 1st & 3rd Thursday at 2:30 p.m. (June 4th & June 18th)
- **Morning Prayer** at 11 a.m. every other Tuesday morning (June 9th & June 23rd)

Her office is located on the 3rd floor, outside the Activities Room.

CLINICAL CORNER: A NOTE FROM OUR DHS!

Hello Residents & Families,

I wanted to bring to your attention that the nursing staff and I are noticing an increase in residents who are a part of assisted living services and have medication management as the chosen services, are keeping medications in their rooms. The medications being found are over the counter as well as prescription.

To reiterate, if you are a resident who is on assisted living services and participates in medication management services, you are not able to keep medications in your room and self-administer. You will need to bring any and all medications to the nurse's office on the 2nd floor so that they can set up the medication and place it on the med cart to have the caregivers administer.

Furthermore, if you go out to a clinic appointment and are prescribed a new medication, please tell the office to send the prescription to our house pharmacy, **A&E pharmacy.**

Now, if there is a medication that you would like to keep and administer yourself, please let Nurse Lexi or Nurse Sam know, and they can reach out to your primary care provider and get an order for that. Without a provider's order, all medications will need to continue to be administered by the caregivers.



If you have any questions regarding this, please give me a call.

Thank you 😊
Asia Steele RN



HIGHLIGHTS FROM THE ACTIVITIES ROOM

NEW FOR JUNE

5 Names, 5 Jobs, 5 Places Game

This 5-round game requires thinking of 5 words to match each category: Name, Job, and Place. The rules are simple, but coming up with words for each category can be surprisingly challenging. You up for it?

Green Thumbs Club

Master Gardener, Anna, will be helping us get ready to transplant 😊 Join us in the Activities Room as we get ready to transplant our plants into the Courtyard.

Movie Friday!

Come and join us for a movie matinee! Each Friday this month, we are showing Boom Town, The Bucket List, Six Days and Seven Nights, and The Cowboys. Showtime starts at 12:30 PM in the Activities Room.

Cribbage Club

Every Saturday, we are having a resident-led Cribbage Club. Tell your cribbage buddies!

Artisan's Club (Returning!)

We will be doing ceramics, wooden projects, and suncatchers. Have a previous project to finish? Stop on by!



June Outings:

- June 5th Lito's Burritos
- June 12th Bread & Pickle at Lake Harriet
- June 19th Minnehaha Falls and the Sea Salt Eatery
- June 26th Minneapolis Institute of Art

See the Front Desk to Sign Up ASAP!!

Dates to Remember:

- June 2nd Knox Church Choir in Lobby
- June 2nd and 9th Green Thumbs Club
- June 4th Music in the Lobby
- June 5th Meet with Frisco!
- June 10th Baking with Mona!
- June 11th June Birthday Bash
- June 22nd Music in the Lobby
- June 23rd Tiptoe in the Garden & Enjoy Nature Hour
- Educator on Building Brain-Healthy Habits



Skeet Nerfing

A playful, seated target game where players use Nerf blasters to try to hit ducks hanging from the ceiling. Perfect for some friendly competition!

ONGOING ACTIVITIES

WEEKLY OR MONTHLY ACTIVITIES

Check the calendar for times and dates!



Let's Get Movin'!

Monday through Friday, start your day with a workout! We do strengthening and stretching exercises of the upper and lower body, as well as finger and core exercises. Stay tuned as we add chair yoga and aerobics. 😊

BINGO

Bring your quarters! 25¢ a BINGO card, played on Mondays and Thursdays. And we play coverall for the jackpot in the end!

Table Bowling

Come show off your bowling skills and win sweet treats when all the pins fall!



4 by 4 Word Game

A timed and team-based game, two teams compete to get as many 4 letter words in 60 seconds. Ready for a challenge?

Book Club

Hennepin County Library sends The Pines a book for the month that residents can check out from Activities, and once a month, the group meets to discuss.

Booksters

Our second book club at The Pines, this resident-led club is where each person brings their favorite book or their current read to share what they like (or didn't like!) about the book.

LOSE YOURSELF
IN A BOOK

ONGOING ACTIVITIES CONT.

Check the calendar for times and dates!

Baking w/ Mona

Come bake with Mona in the Activities Room on June 10th. We are baking Rhubarb Crisps!

Gnav, Norwegian Poker

One card poker, high card wins. Ante is 3 nickels and it goes in rounds. Come play some poker with us!

Resident Council Meeting

Monthly meeting for discussions within The Pines community held in the Activities Room. All residents are welcome to attend!

Coffee w/ Chef

A chance to discuss food and the meals one on one with Chef Nancy over a cup o' joe.

Monthly Jeopardy!

Are you a genius at trivia? Come give it a shot at our monthly Jeopardy! activity.

Left Right Center

A fun and easy dice game held on Fridays and Saturdays. Check the calendar for times. Don't forget 3 nickels!

Board Games and Puzzles

There's a variety of board games to choose from: Scattergories, Dominoes, Scrabble, Yahtzee, and so much more! Feel like a puzzle? We have a bunch up here too!



PHOTO GALLERY

Service Above All



Green Thumbers!



Como Park

Let's Get Movin'!

